

## **Sportbike Rider Education**

Sportbike specific Rider education comes in many flavors: Riding Clinics, Trackdays, Superbike school and One-on-One. Each one has its benefits and will make you a faster rider on the track and a safer rider on the street.

Aztrackday.com Riding Clinics – These clinics are held in a classroom and not at the track. Classes are taught by an experienced, championship-winning racer. You will gain an understanding of how to ride better and safer. You will also be taught drills you can use to improve your riding. Knowledge is the beginning.

Aztrackday.com Trackdays – At all trackday events you will receive basic sportbike riding instruction (no extra charge) from experienced track riders that are also MSF certified. It is up to you to participate and ask for individual help. There is a Classroom trailer and instruction is given to a group of 10-15 riders at a time. You can also ask instructors to lead or follow you around the track to critique your riding. 2up rides with an expert racer are available. You will learn more in one trackday than 10 years of riding on the street. Full day and half day programs available.

Aztrackday.com Superbike School w/Doug Polen – This is a much more individualized and intense training program. You will be working with 5 time AMA Champion and 2 time World Superbike Champion Doug Polen. There is an instructor for every 3 students and students are broken down into groups based on their current ability and the curriculum is tailored for each group. All instructors are experienced expert level racers. You will spend most of the 8 hour day on the track working with your instructor. You will advance your riding skill and understanding of how to be a faster, safer rider. You will be given a ride on the back of a specially prepared R1 at race speeds. This will help you understand the techniques involved in riding faster, safer.



One-on-One with Doug Polen - You will be working directly with a world champion. You will be outfitted with a radio so Doug can talk to you real time while you are on the track to correct and help you advance your riding skills and an expedited rate. It is not uncommon for a rider to drop 5 to 10 seconds a lap after just an hour of One-on-One.

For more information on these programs log on to [www.aztrackday.com](http://www.aztrackday.com) or call 602-763-6827