

So Let's talk gear

By Keith Nicholls

From Cycle Gear

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Yeah it's a little chilly outside now, so let's talk about cold weather gear. Leather does a good job taking the bite out of the cold and the wind chill. It works even better if it has a removable liner. A lot of clothing has an insulating liner inside that helps hold your body heat close to you. Some chaps,

pants, and jackets have this feature. Textile clothing is a far better material for cold weather. You don't see leather in a ski shop right? There is a good reason for that, leather holds the outside temperature. When its cold outside your leather is cool to the touch, and when it's hot, your leather is warm to the touch. Textile material does not change with the outside temperature nearly as much. You will remain much more comfortable in the cooler weather with textile clothing.



The proper fit of the clothing should be fairly snug. Comfortable to move slightly in but snug is the best fit. Holding your body heat close to you in cold weather is key to an enjoyable ride. Everyone has a comfort zone when it comes to hot and cold. If need be you can add thermals under your clothing for additional warmth. Try not to layer 2 to 3 pieces of clothing under your jacket, when you need to remove all of those layers as it warms up, you have a jacket you are swimming in and it's not a proper fit. Some of you may have even seen heated clothing, gloves, vests, or maybe even the heated grips and seats. These items will also help on those cold rides to make them more enjoyable, and that's one of the ingredients needed for an awesome ride right?



Ride safe, dress safe, Keith Nicholls