

# What is a Trackday?

By Ron at T.E.A.M. Arizona's TrackTime

High Performance Educational Riding Improvement for All Riders

So you say that you are not a racer.

T.E.A.M. Arizona has created a spot on the track just for you. T.E.A.M. Arizona's TrackTime has a group that is specifically set up for street riders.

The number one request that we receive from our MSF course graduates is to have the opportunity to practice riding skills at higher speeds. Statistics show that the number one reason for single-vehicle motorcycle crashes is rider error while cornering.

T.E.A.M. Arizona's TrackTime is the best place to practice your road riding skills. On a track, where a cornering mistake does not mean heading into oncoming traffic or hitting a guard rail.



TrackTime can provide what you have been asking for. We are open to any rider, any motorcycle. You don't have to plan to drag your knee to have a good time at one of our events: We limit the amount of riders in each group to ensure lots of room to ride. Each group rides for 20 minutes each hour.

Think of our TrackTime as a laboratory to improve cornering techniques, braking skills and body position in order to become a smoother, safer more confident rider. If you do not like how the last lap felt or want to try a different technique you will be at that same corner again, real soon. This repetition with on track coaching addressing your individual riding needs will produce consistency, accuracy, smoother and safer operation of your motorcycle.

Our Black Group is for street riders. This group features guided sighting laps, pre-session track talks, individualized coaching from our staff, and available on-track coaching as well (at no additional charge). This group also has special passing rules, so you never have to worry about who is coming up behind you. Black group's riding pace is carefully monitored and faster riders are moved to the other groups. Motorcycle preparation is minimal and you probably already own all of the protective gear that you will need. If not we have leathers available to rent for a nominal fee.

Come on out and give it a try, we'll bet that it will be one of the best investments in riding that you have ever made.

Give us a call, at 480-236-2997 or on the web at [www.teamaz.com](http://www.teamaz.com)