

Motorcycle Riding Tips

by Ron Arieli

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Hello fellow riders,



The following information was taken from my good friend Lee Parks' best selling book Total Control. He has discovered some very interesting and important data that I would like to share with you to help improve your riding skills and increase your enjoyment level when riding...

What do you think is the most fundamental skill for proper riding?

If you said vision you are correct and here is why. The main reason is that when riding you go where you look. Sooner or later, faster or slower that is what happens. You may have heard or been taught this before. But has anyone told you why? Biologically speaking humans are predators. Most predators have there eyes set close together which is optimal for tracking prey. This would help us in the wild since we are at the top of the food chain. Unfortunately, on the road motorcyclists are at the bottom of the food chain. This means we have to stop seeing like predators, and learn how to start seeing like prey. Predators use spotlight vision or target fixation. Prey use floodlight vision or a wide panoramic view of there surrounding. If you have ever seeing footage of a cheetah in the wild it operates like a targeting computer, is locked on to its targeted prey and will not stop until it reaches its target. Even if there are slower or injured alternative targets that cross its path. This predator vision is hard wired into our DNA and is why when we see a pothole or patch of gravel 30 feet in front of us, we often run right into the very thing we are trying to avoid, even though we know intellectually we should change our line. The way we use our vision will also have a dramatic effect on what is called "sense of speed". There is a way to train yourself to use your floodlight vision to your advantage on the road. The answers to this and many more motorcycling truths are in the critically acclaimed book Total Control by Lee Parks and in the Total Control Advanced Riders clinics both available at T.E.A.M. Arizona www.motorcycletraining.com

I am always available and happy to come and speak to your riding group or club about group riding or individual riding techniques and practices in a very relaxed q+a format. Just let me know!

The more we know and practice the safer and more enjoyable our ride will be!

See you on the road on two wheels!

Ron and all the team at T.E.A.M. Arizona